

Healthy Congregation Tips: Non-anxious Leadership

Rev. Roger Bertschausen shared with us the concept of "non-anxious leadership" back in September, and we've been thinking about it ever since!

Tip: *One way to practice non-anxious participation and leadership - Work on both understanding and trust. 'Ask many questions, but at some point you have to decide even without every answer...and it comes down to trust.'*

- Craig Freshley

Reflection: If we are anxious, we are less imaginative. Imagination offers resiliency, flexibility. Imagine and then trust that your church staff and leadership is working for the best outcome.

Source: Peter Steinke, *Healthy Congregations*

