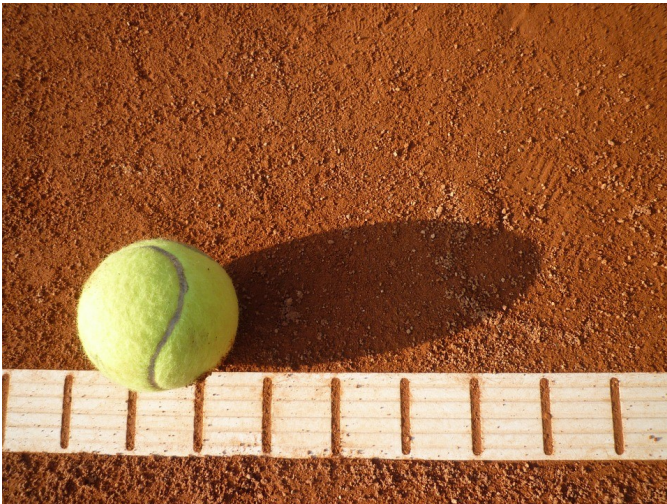


Healthy Congregation Tips: Live BIG

"When shame becomes a management style, engagement dies." - Brene Brown

Tip: Live BIG! Set clear Boundaries and respect Integrity so you can be Generous of heart.



Reflection: “Setting boundaries means getting clear on what behaviors are okay and what’s not okay. Integrity is the key to this commitment because it’s how we set those boundaries and ultimately hold ourselves and others accountable for respecting them.” Once boundaries are clear, she goes on to say, we can “extend the most generous possible interpretations of the intentions, words and actions of others.”

Source: Daring Greatly, by Brene Brown

Brought to you by the HCT:
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